Authenticity
Appreciation of beauty
Bravery
Creativity
Curiosity
Fairness
Forgiveness
Gratitude
Норе
Humour
Kindness
Leadership
Love
Love of learning
Modesty
Open-mindedness
Persistence
Perspective
Prudence
Self-regulation
Social intelligence
Spirituality
Teamwork
Zest

Perspective

Considers the "big picture"

Signs that your child may have the strength of perspective:

- Despite their young age, your child seems to know how to accept decisions in a wise, levelheaded manner
- Your child does not respond hastily when asked what they want to do and seems to think and weigh the options
- People say your child is mature compared to other children of the same age

Steps to celebrate the strength of perspective in your child:

- 1. Pick a name for the strength of perspective that feels natural to use
- 2. When you notice perspective, describe the behaviour and name the strength
- 3. Create a reminder to look for moments where your child uses the strength of perspective

Activities to allow your child to use their strength of perspective:

- When your child talks with you about a problem, invite them to use their strength of perspective to decide if it is a small, medium, or big problem. Work together to develop a response that matches the size of the problem.
- Ask your child to use their strength of perspective to talk about their dreams for the future. What do they hope to do and become as they grow up?