Authenticity
Appreciation of beauty
Bravery
Creativity
Curiosity
Fairness
Forgiveness
Gratitude
Норе
Humour
Kindness
Leadership
Love
Love of learning
Modesty
Open-mindedness
Persistence
Perspective
Prudence
Self-regulation
Social intelligence
Spirituality
Teamwork
Zest

Curiosity

Seeks new experiences and opportunities to explore

Signs that your child may have the strength of curiosity:

- When there is a conversation about a topic that your child is unfamiliar with, they immediately want to know more about it
- Your child asks questions frequently
- Your child loves to explore the world around them and discover new things

Steps to celebrate the strength of curiosity in your child:

- 1. Pick a name for the strength of curiosity that feels natural to use
- 2. When you notice curiosity, describe the behaviour and name the strength
- 3. Create a reminder to look for moments where your child uses the strength of curiosity

Activities to allow your child to use their strength of curiosity:

- Invite your child to make a list of things that they don't know about family members. Then, encourage your child to ask their family members the questions.
- Visit a new place or try a new activity with your child. Ask your child to use their strength of curiosity to find out what the new place or activity is like.
- When your family is together, have each family member finish the phrase "I wonder why..." with something that makes them curious.