

Authenticity
Appreciation of beauty
Bravery
Creativity
Curiosity
Fairness
Forgiveness
Gratitude
Hope
Humour
Kindness
Leadership
Love
Love of learning
Modesty
Open-mindedness
Persistence
Perspective
Prudence
Self-regulation
Social intelligence
Spirituality
Teamwork
Zest

Social intelligence

Recognizes others' emotions and motivations

Signs that your child may have the strength of social intelligence:

- Your child fits in well when playing with other children and plays harmoniously with almost no quarrels
- It does not matter what group of children your child is with, they are able to adapt to it
- Your child speaks and behaves appropriately in most social situations

Steps to celebrate the strength of social intelligence in your child:

1. Pick a name for the strength of social intelligence that feels natural to use
2. When you notice social intelligence, describe the behaviour and name the strength
3. Create a reminder to look for moments where your child uses the strength of social intelligence

Activities to allow your child to use their strength of social intelligence:

- Take opportunities throughout the day to ask your child if they can use their strength to guess what someone might be feeling. For example, read a story together and guess how the characters might be feeling. After a TV show, talk about how the characters might have felt in different situations. When discussing the day, pause the discussion to guess what a person might have felt.