

Authenticity
Appreciation of beauty
Bravery
Creativity
Curiosity
Fairness
Forgiveness
Gratitude
Hope
Humour
Kindness
Leadership
Love
Love of learning
Modesty
Open-mindedness
Persistence
Perspective
Prudence
Self-regulation
Social intelligence
Spirituality
Teamwork
Zest

Fairness

Treats others equally

Signs that your child may have the strength of fairness:

- When candies or treats are handed out at school or at home, your child makes sure that everyone gets an equal share
- Even when your child does not like a specific child, they still try to treat that child the same as other children

Steps to celebrate the strength of fairness in your child:

1. Pick a name for the strength of fairness that feels natural to use
2. When you notice fairness, describe the behaviour and name the strength
3. Create a reminder to look for moments where your child uses the strength of fairness

Activities to allow your child to use their strength of fairness:

- Play a game that involves taking turns. Ask your child to use their strength of fairness to make sure that each player gets a turn.
- Ask your family a question and encourage your child to use their strength of fairness to ensure that everyone gets a chance to answer.