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| Authenticity |
| Appreciation of beauty |
| Bravery |
| Creativity |
| Curiosity |
| Fairness |
| Forgiveness |
| Gratitude |
| Hope |
| Humour |
| Kindness |
| Leadership |
| Love |
| Love of learning |
| Modesty |
| Open-mindedness |
| Persistence |
| Perspective |
| Prudence |
| Self-regulation |
| Social intelligence |
| Spirituality |
| Teamwork |
| Zest |

Teamwork

Plays and cooperates well in groups

Signs that your child may have the strength of teamwork:

- Your child is very cooperative when they are part of a group of children
- Your child considers and respects the opinions of other children when playing in a group
- Your child is very loyal to their group and to their friends

Steps to celebrate the strength of teamwork in your child:

1. Pick a name for the strength of teamwork that feels natural to use
2. When you notice teamwork, describe the behaviour and name the strength
3. Create a reminder to look for moments where your child uses the strength of teamwork

Activities to allow your child to use their strength of teamwork:

- Complete a project or game as a family. Consider assigning different roles to the family members, so that your family must rely on each other to complete the task.
- As a family, spend time imagining your family as a team. What would be your family's team name and team motto? What symbols would represent your family? Consider working together to create a family flag or crest.