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| Authenticity |
| Appreciation of beauty |
| Bravery |
| Creativity |
| Curiosity |
| Fairness |
| Forgiveness |
| Gratitude |
| Hope |
| Humour |
| Kindness |
| Leadership |
| Love |
| Love of learning |
| Modesty |
| Open-mindedness |
| Persistence |
| Perspective |
| Prudence |
| Self-regulation |
| Social intelligence |
| Spirituality |
| Teamwork |
| Zest |

Love of learning

Passionate about expanding their knowledge

Signs that your child may have the strength of love of learning:

- Your child takes advantage of opportunities to learn something new
- Your child enjoys situations in which they are introduced to new information, such as visiting a museum or viewing a movie about science or nature
- Your child enjoys reading or listening to books that provide them new information, such as a children's encyclopedia or books about nature or the world

Steps to celebrate the strength of love of learning in your child:

1. Pick a name for the strength of love of learning that feels natural to use
2. When you notice love of learning, describe the behaviour and name the strength
3. Create a reminder to look for moments where your child uses the strength of love of learning

Activities to allow your child to use their strength of love of learning:

- Ask your child if you can join them in looking up information about a topic that they find interesting. Spend time reading, watching, or listening to information about the topic with your child. Take time to discuss what you have learned.
- Invite your child to tell you about what they have been learning. Express interest by summarizing what they say and asking follow up questions.